

Planning and Focusing for my Solo

Name: _____

Topic or Theme: _____

List of possible resources to use as stimuli to create a movement vocabulary:

- _____
- _____
- _____
- _____
- _____

Adjectives or words to describe each of the elements of your dance

Time: _____

Space: _____

Energy: _____

Body: _____

Relationship: _____

Describe the idea you want to communicate through your solo:

How will you use your time over the next two classes to explore and experiment with your idea?

Class #1	Class #2